

A new start

Well begun is half done.

单元训练一

◆ 基础达标

第一节 听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你将有 10 秒钟的时间回答有关小题和阅读下一小题。每段对话仅读一遍。

- What does Bob think of his first day at senior high?
A. Excellent. B. Boring. C. Just so-so.
- How many pages of homework will the speakers do?
A. Two. B. Three. C. Four.
- What does the woman plan to do tonight?
A. Read in the library. B. Give a performance. C. Practise the piano.
- Where are the speakers now?
A. In a library. B. In a study room. C. In a bookshop.
- Who is the host?
A. Thomas. B. Jerry. C. Jane.

第二节 听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料 回答第 6、7 题。

- What is the boy's attitude to Monday?
A. Positive. B. Unconcerned. C. Negative.
- Which subjects does the boy seem to like?
A. Physics and biology. B. Art and PE. C. English and maths.

听第 7 段材料 回答第 8、9 题。

- What would the man like to drink?
A. Milk. B. Tea. C. Coffee.

9. What do we know about Susan?

- A. She has more free time.
- B. She is a cleaning lady.
- C. She dislikes cooking.

听第 8 段材料 回答第 10 至 12 题。

10. How many languages can Mary speak fluently?

- A. One.
- B. Two.
- C. Three.

11. What do we know about Mary?

- A. She can write French.
- B. She can't speak English.
- C. She can speak and write German.

12. What does the man think of Chinese?

- A. It's difficult.
- B. It's easy.
- C. It's worth learning.

听第 9 段材料 回答第 13 至 16 题。

13. Which kind of writing is the woman interested in?

- A. Business writing.
- B. Creative writing.
- C. Technical writing.

14. How many books could the woman borrow from John?

- A. Altogether five books.
- B. Altogether seven books.
- C. Altogether eight books.

15. When will the woman have her exam?

- A. In about three weeks.
- B. In about four weeks.
- C. In about five weeks.

16. What will the speakers do next?

- A. Head home.
- B. Take a walk together.
- C. Go for the book.

听第 10 段材料 回答第 17 至 20 题。

17. Who is listening to the lecture?

- A. Teachers.
- B. Students.
- C. Parents.

18. How long does each lecture last?

- A. One hour.
- B. One and a half hours.
- C. Two hours.

19. What does the speaker say about the exams?

- A. There will be six pages of them.
- B. They can be made up only on Mondays.
- C. They are harder than students might expect.

20. How can the speaker be reached after class?

- A. Mainly by emailing him.
- B. Only by calling him directly.
- C. By coming to his office at any time.

◆ 能力挑战

第一节 听下面一段独白，判断每个小题与听到的内容是否相符，相符的选 A，不相符的选 B，未提及的选 C。独白仅读一遍。

1. The boy prepared possible answers to potential questions on his way to school because he was nervous. A B C
2. Someone greeted the boy in the playground. A B C
3. The boy didn't become the focus of attention until Mr Jones's class. A B C
4. Mr Jones liked the boy because he got the correct answer to his question. A B C
5. The boy had a sense of belonging at the end of the day. A B C

第二节 听下面一段独白，根据听到的内容将两组信息进行匹配，并将答案填写在横线上。独白仅读一遍。

1. Alan _____ 2. Betty _____ 3. Carl _____

- | | |
|--------------------------------------|-----------------------|
| A. watch TV series | E. watch films |
| B. visit museums | F. visit Nanjing |
| C. buy decorations for the new house | G. read science books |
| D. read funny stories | H. study English |

第三节 听下面一段独白，根据听到的内容补全信息，并将答案填写在横线上。独白读两遍。

Rules of Friendship Club

- Be 1. _____ and 2. _____ to make people feel comfortable;
Do not 3. _____ to other club members;
Learn to 4. _____ and keep others' 5. _____;
Be 6. _____ and 7. _____ to know more about each other.

单元训练二

◆ 基础达标

第一节 听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你将有 10 秒钟的时间回答有关小题和阅读下一小题。每段对话仅读一遍。

1. When will the first class probably start?
A. At 6:30 am. B. At 7:00 am. C. At 7:30 am.
2. What will the girl probably do this coming Sunday?
A. Study for a test. B. Call her friend. C. Go for a picnic.
3. What did the speakers do last weekend?
A. They studied at home. B. They went hiking. C. They played tennis.
4. How does the boy go to school?
A. By bus. B. On foot. C. By bike.
5. What does Jim mean?
A. He agrees to give a talk on any subject.
B. He refuses to give a talk.
C. He'd like to give a talk on England.

第二节 听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料 回答第 6、7 题。

6. What does Peter think of the computer course?
A. Boring. B. Important. C. Bad.
7. What is Linda's plan?
A. She will give up the computer course.
B. She will continue to learn art.
C. She will take another course.

听第 7 段材料 回答第 8、9 题。

8. Which kind of books does the boy want to borrow?
A. The latest novels. B. New magazines. C. Reference books.
9. How many books can a student in Senior Two borrow at a time?
A. No more than three. B. At most five. C. More than five.

听第 8 段材料

回答第 10 至 12 题。

10. What is the possible relationship between the speakers?

- A. Classmates. B. Father and daughter. C. Teacher and student.

11. Why does Dianna feel discouraged?

- A. She finds it hard to write English well.
B. No one wants to communicate with her.
C. The advanced grammar is too difficult for her.

12. What is Mr Yang's suggestion?

- A. Don't be too hard on oneself and give up if necessary.
B. Relax and keep going on.
C. Practise alone and then communicate with others.

听第 9 段材料

回答第 13 至 16 题。

13. How many people will attend the tea party?

- A. Three. B. Four. C. Five.

14. Who took a two-week trip?

- A. Julie. B. Pierre. C. Pierre's sisters.

15. What will Julie take to the tea party?

- A. Biscuits. B. French desserts. C. A strawberry cake.

16. Where are the speakers now?

- A. In Canada. B. In Mexico. C. In France.

听第 10 段材料

回答第 17 至 20 题。

17. What time does the class meet?

- A. From 3:15 to 4:50 pm.
B. From 3:30 to 4:30 pm.
C. From 3:50 to 4:15 pm.

18. How often will the class meet in the language lab?

- A. About once a month.
B. About twice a month.
C. About four times a month.

19. When can the students get the textbooks?

- A. Today after class. B. Next week. C. The day after tomorrow.

20. How many items determine a student's grade?

- A. Four. B. Five. C. Six.

◆ 能力挑战

第一节 听下面一段独白，判断每个小题与听到的内容是否相符，相符的选 A，不相符的选 B，未提及的选 C。独白仅读一遍。

1. The exact date when the dormitory will reopen is unknown. A B C
2. Students have to leave no later than 3 July. A B C
3. Students can either hand in the room key or keep it to themselves. A B C
4. Students' personal belongings are not allowed to be kept in the dormitory. A B C
5. Students will be charged for repairs of the dormitory. A B C

第二节 听下面一段独白，根据听到的内容将两组信息进行匹配，并将答案填写在横线上。独白仅读一遍。

1. Experience a boat trip on the biggest lake in the city. _____
2. Attend a party at the speaker's senior high school. _____
3. Enjoy a concert at Sunshine Senior High School. _____
4. Enjoy concerts at the speaker's senior high school. _____
5. Enjoy a concert at North Senior High School. _____

- | | |
|----------------------|---------------------|
| A. Monday evening | D. Thursday evening |
| B. Tuesday evening | E. Friday evening |
| C. Wednesday evening | F. Saturday morning |

第三节 听下面一段独白，根据听到的内容补全信息，并将答案填写在横线上。独白读两遍。

Study Methods for Tests	
Ineffective Ways	Effective Ways
<ul style="list-style-type: none">▪ Rereading: look at the information again to 1. _____ the important points;▪ Highlighting: 2. _____ important information.	<ul style="list-style-type: none">▪ Test yourself: use flashcards and 3. _____ exams to check whether you have learnt something;▪ 4. _____ practice: practise remembering new information gradually.

单元训练三

◆ 基础达标

第一节 听下面 5 段对话。每段对话后有一个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听完每段对话后，你将有 10 秒钟的时间回答有关小题和阅读下一小题。每段对话仅读一遍。

1. When does the first class begin?
A. At 7:20 am. B. At 7:40 am. C. At 7:50 am.
2. What is the man doing?
A. Copying a book. B. Returning a book. C. Borrowing a book.
3. What does the girl want to be after graduation?
A. A lawyer. B. A teacher. C. A doctor.
4. What is the probable relationship between the speakers?
A. Mother and son.
B. Teacher and student.
C. Waitress and customer.
5. Where does the conversation take place?
A. In a shop. B. At home. C. In a class.

第二节 听下面 5 段对话或独白。每段对话或独白后有几个小题，从题中所给的 A、B、C 三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题 5 秒钟；听完后，各小题将给出 5 秒钟的作答时间。每段对话或独白读两遍。

听第 6 段材料

回答第 6、7 题。

6. What are the speakers mainly talking about?
A. The girl's English teacher.
B. The girl's first English class.
C. The girl's English homework.
7. What did the teacher talk much about?
A. The methods of learning English.
B. The culture of English-speaking countries.
C. The rules in the English class.

听第 7 段材料

回答第 8、9 题。

8. How does Jane feel when she receives the invitation?
A. Excited. B. Confused. C. Anxious.

9. Why should the speakers get to the cinema early?

- A. They haven't bought the tickets.
- B. There'll be many people waiting to get in.
- C. The showtime might change.

听第 8 段材料 回答第 10 至 12 题。

10. What does Susan think of the Chinese class?

- A. Interesting.
- B. Dynamic.
- C. Embarrassing.

11. Where is the Chinese class held?

- A. In the main building.
- B. In the community centre.
- C. At the language club.

12. Where is Alex from?

- A. Japan.
- B. The UK.
- C. The US.

听第 9 段材料 回答第 13 至 16 题。

13. Where should the boy go first?

- A. To the meeting room.
- B. To the hall.
- C. To the dormitory.

14. What will director of studies talk about?

- A. Different subjects.
- B. Students' dormitories.
- C. Social activities.

15. How long will the boy stay in the hall?

- A. 45 minutes.
- B. 60 minutes.
- C. 75 minutes.

16. How does the boy feel about the test at first?

- A. Nervous.
- B. Annoyed.
- C. Confident.

听第 10 段材料 回答第 17 至 20 题。

17. What is the speaker's opinion about sports and games?

- A. They are good for character building.
- B. They can only build up one's body.
- C. They affect a child's studies.

18. What is the speaker's attitude to sports?

- A. Uncaring.
- B. Supportive.
- C. Opposed.

19. What can help to develop a child's love of his country?

- A. Teachers' encouragement.
- B. Book knowledge.
- C. Group activities.

20. What can we learn from the talk?

- A. Pupils learn all good qualities in classes.
- B. An ordinary day school can offer pupils enough practical training.
- C. What pupils do in their spare time makes them well-prepared for the future.

◆ 能力挑战

第一节 听下面一段独白，判断每个小题与听到的内容是否相符，相符的选 A，不相符的选 B，未提及的选 C。独白仅读一遍。

1. Speaking is the most difficult part for the language learners. A B C
2. Either joining or starting an English club is a practical way to improve your speaking skills. A B C
3. English clubs can help language learners from all walks of life. A B C
4. English clubs provide learners a real communication environment. A B C
5. English classes can't provide real-life situations for language learners. A B C

第二节 听下面一段独白，根据听到的内容将两组信息进行匹配，并将答案填写在横线上。独白仅读一遍。

1. 8:15 am _____
2. 10:30 am _____
3. 11:00 am _____
4. 1:30 pm _____
5. 2:45 pm _____
6. 3:00 pm _____

- A. have a coffee break
- B. start the tour of Cambridge
- C. attend the first class
- D. meet at the school gate for a tour of Cambridge
- E. take a test to assess English level
- F. have lunch

第三节 听下面一段独白，根据听到的内容补全信息，并将答案填写在横线上。独白读两遍。

Tips on How to Study

- Make a plan or 1. _____ : either a short or a long one.
- Think about the 2. _____ : enough light, air and suitable temperature; no distractions such as TVs and 3. _____ .
- Plan 4. _____ : a short rest after concentrated study; a 5. _____ for yourself but 6. _____ is not recommended.

参考答案及听力原文

Unit 1 A new start

单元训练一

Answer Key

基础达标

第一节 1—5 ABCCB

第二节 6—10 CBBAB 11—15 CAACC
16—20 CBBCA

能力挑战

第一节 1. A 2. B 3. A 4. C 5. A

第二节 1. B, E, G 2. A, D, F 3. C, H

第三节 1. friendly 2. polite 3. lie 4. listen
5. secrets 6. generous 7. helpful

Listening Script

基础达标

第一节

Text 1

W: Hi, Bob! How's your first day at senior high?

M: It couldn't be better.

Text 2

W: Hello, this is Anne speaking.

M: Hi, Anne. It's me, Jack. I wasn't at school today.
Have we got any homework to do?

W: Let me see. Well, we only have maths problems
on pages 85 to 87 in the textbook.

Text 3

M: I wonder if you'd be interested in going to the
library with me tonight?

W: I'm afraid not. I have to practise the piano for
the freshmen welcome party.

Text 4

M: Excuse me. Have you got any books on
engineering? I've looked for them everywhere,
but I can't find any.

W: I'm not sure if we've got any now. Books of that
kind are on this shelf. Well, I'm afraid they've
been sold out.

Text 5

W: Hey, Tom, you're going to the barbecue tomorrow, right?

M: I'm not so sure, because I don't think I'll really
know many people there.

W: What do you mean? I'll be there. You know Jerry, the

host. You also know Sandra, Jane and Thomas.

M: Wait! Jane? I know her. Well, I might go.

第二节

Text 6

M: Mondays are terrible. Our timetable is filled with
difficult subjects.

W: Like what?

M: Well, like maths, physics, biology and English
in the morning, followed by geography and
chemistry in the afternoon.

W: So, what's your favourite day of the week?

M: Wednesday without doubt. We just have art and
music in the morning followed by English and
PE in the afternoon.

W: Sounds great.

Text 7

W: Take a seat and make yourself comfortable. So
what do you want to drink, milk, tea or coffee?

M: A cup of green tea would be great. I don't care
for milk and I never drink coffee at night.

W: OK.

M: Your apartment looks so tidy and clean. Mine's
such a mess.

W: I've been at the lab all week. It's my roommate's
doing.

M: I didn't know you have a roommate.

W: It's my friend Susan. She works at a radio station
and has a lot of time of her own, so she has
time for cooking and cleaning.

M: It's really great to have such a roommate.

Text 8

- M: Mary, how many languages can you speak fluently besides English?
W: I speak German.
M: Ah. How well do you speak it?
W: Very well. I can write it too.
M: Any other languages?
W: I can speak a little French. But I can't write it at all.
M: A little French. I can't write it. That's it?
W: Yes.
M: And you want to join our beginners' class in Chinese?
W: Yes, very much.
M: Well, it's not going to be easy, you know. It's very different from English, German, or French.
W: I know, but I want to give it a try.

Text 9

- W: Hello, John, do you have any books on writing? I would like to borrow a few.
M: You've asked the right person. I have about 50 books on creative writing, technical writing, business writing, etc. Which kind do you prefer?
W: Well, I've been learning the course of international business management, so I want to read some books on international business writing. How many books do you have on this topic?
M: I have about ten, but a student of mine borrowed two the other day, and you can take the rest.
W: Great! How long can I keep them? Our examination will be on 1 April. Could I keep the books until then?
M: That is about five weeks. I am afraid you could not have all the books for that long. How about borrowing the books one by one?
W: Sure. By the way, are you heading for your office? If so, I would like to go with you to take one.
M: You are right. I am going to my office. Let's go together.

Text 10

Welcome to Psychology 101. This is the first course in psychology. As you can see, this class is very popular, and many students didn't get in. All right. Everyone should have a copy of the class schedule. We meet on Tuesdays and Thursdays from 10:00 to 11:30 am.

If you miss a lecture, you can make it up by attending the Monday or Wednesday class. But you're only allowed to miss one class, and after that, each absence will affect your grade. We have two main exams, plus one paper of six pages. Indeed, my tests may be more challenging or harder than you expect.

If you need to reach me after class, the best way is by email. You can also come to my office on Fridays from 3:00 to 5:00 pm or set up another time to meet with me by calling my secretary. The number is on the board behind me. Any questions?

能力挑战

第一节

It was my first day at school in London and I was half excited and half frightened. On my way to school I wondered what questions the other boys would ask me and practised all the answers.

When I got to the school gate, I expected someone would say hello, but nobody spoke to me, even nobody took any notice of me.

My teacher was called Mr Jones. There were 42 boys in the class, so I didn't stand out there either, until the first lesson of the afternoon. Before learning a novel by Charles Dickens, Mr Jones asked several boys if they knew Dickens's birthplace, but no one guessed right. Suddenly, he asked me. I said, "Portsmouth." Everyone stared at me because Mr Jones said I was right. This made me popular.

At the end of the day, I was no longer a stranger.

第二节

Summer holiday is coming. Alan, Betty and Carl are talking about their plans for the holiday. Alan is crazy about museums and he'd like to visit some famous ones. He also likes to go to the cinema to relax himself. He is fond of reading. During this summer holiday, he wants to read some books on science, since science is one of his interests. Betty likes to watch TV, so she is going to watch TV series. Also, she'd like to read some funny stories at home and go to Nanjing for a visit because she wants to visit some places of interest. What about Carl? He will pack his books and clothes because his family will move into a new house. He will go to the supermarket to buy something to decorate his new bedroom. He decides to buy some posters of his favourite film stars and put them up on the bedroom wall. Besides, he likes English and he'll take English courses this coming holiday to improve it.

第三节

Hello, everyone! Welcome to Friendship Club! You will meet many teenagers here and make friends with each other. The following dos and don'ts will ensure every one of you have a good time here.

First, be friendly and polite to everybody in the club. This will make people feel comfortable when they talk to you. The impolite people are not welcome here and we will ask them to leave.

Second, do not lie. We hope that our members can trust each other. If we find that you tell lies to other club members, we will ask you to leave the club too.

Third, be a good listener and keep your friends' secrets. This will make your friends trust you and it will also help you know more about your friends. If

you tell your friends' secrets to someone else, you will hurt their feelings.

Last but not least, be generous and helpful to your friends. Sharing thoughts, ideas and opinions will help you know more about each other.

单元训练二

Answer Key

基础达标

第一节 1—5 CACBC

第二节 6—10 BCCBC 11—15 CBCCB
16—20 AABCB

能力挑战

第一节 1. A 2. B 3. B 4. A 5. C

第二节 1. F 2. E 3. A 4. C, D 5. B

第三节 1. remember 2. underline 3. practice
4. Spaced

Listening Script

基础达标

第一节

Text 1

W: We're running out of time. It's 7:00 am.

M: Don't worry. The first class will start in 30 minutes.

W: OK, let's take a taxi to school.

Text 2

M: We're going on a picnic this Sunday. Do you want to join us?

W: I'd love to. But you see, I'll have a test next Monday morning.

Text 3

M: Let's do something outdoors instead of studying today.

W: All right. But I don't want to play tennis. We played tennis last weekend. Let's go hiking.

Text 4

W: Do you drive or take the bus to school?

M: My doctor suggests I walk, not even ride a bike.

Text 5

W: Could you please give us a talk tomorrow, Jim? A short one. Nothing difficult!

M: A talk? What topic should I talk about?

W: You can choose any topic about England.

M: About England? What a good idea!

第二节

Text 6

W: Hi, Peter. How are you getting along with your computer course?

M: Not so bad. The classes are quite hard but I think I've learnt a lot. How about you?

W: Don't mention it. The art course I take isn't like

what I thought. The classes are boring and I haven't learnt much.

M: Poor Linda. I'd like to take another computer course next term. I think it's necessary to know more about computers as they are so important in our daily life.

W: I couldn't agree more. I'm considering taking another course, too.

M: Why not try the computer course?

Text 7

M: Excuse me, madam. Do you have some reference books here?

W: Yes, and we have some new magazines and the latest novels too.

M: How many books can I borrow at a time?

W: Well, that depends. Which grade are you in?

M: Senior One.

W: You can borrow no more than three books at a time. When you're in Senior Two, you can borrow up to five.

M: I see. How long can I keep the books?

W: For two weeks. It seems this is the first time you've been here?

M: Yes, it's my first day at senior high.

W: Well then, please fill in this form and register now.

Text 8

W: I'm so tired of studying English, Mr Yang. It seems impossible for me to learn the grammar. I am such a failure.

M: Oh, Dianna. Don't be so discouraged. Take a seat, please.

W: I'm afraid I should drop out before it kills me.

M: Now, listen, Dianna. You all began to learn the advanced grammar just a couple of weeks ago. Everything is difficult in the beginning.

W: I know that, Mr Yang. But I can't focus on it.

M: Maybe you're thinking too much about it. Just relax. Practise and communicate with others more. And you may find they have similar problems just like you.

W: Is that true?

M: Yes. Just keep calm and keep trying. And you can come to me any time when facing difficulties.

W: OK. Thank you very much, Mr Yang.

M: You're welcome.

Text 9

M: Hi, Julie. I'm wondering if you'd like to go for a tea party at 3:00 pm next Saturday?

W: Yes, that sounds nice. A small party or a big one?

M: Not so big – just you, me and another three people.

W: That's great. Who else have you invited?

M: I've invited my neighbour Pierre and his two sisters. He's old and lives alone. He's from France. His sisters will come to visit him next Saturday. They're stopping by after a two-week trip to Mexico.

W: I don't think I've met them but it sounds like an enjoyable party. I'd like to bring something.

M: That's not necessary. I've prepared all the things.

W: I'm sure that's true, but I still like to contribute.

M: All right then. How about some biscuits?

W: That's not impressive. How about some French desserts?

M: Well, I'm making a strawberry cake. Don't you think there will be too many desserts?

W: I think you can never have too many desserts. And I'm sure your neighbour will like them.

M: You're right. They'll be glad to have some desserts from their home country here in Canada.

W: Then it's settled. I'll drop by the bakery on my way over that day. I'm looking forward to meeting you all.

Text 10

Hello, everyone. My name's Karl Robert and I'll be your teacher for your class's intercultural communication this term. To begin with, please take a look at the form in front of you. As you all should know by now, this class meets on Tuesdays and Thursdays from 3:15 to 4:50 pm. We will be meeting in this room for the first half of the course, but we will be using the language lab every other week on Thursday in Room 405 during the last two months of the class.

Now, let's share something about the textbooks of our class and the series is named *Beyond Language*. Unfortunately, the books haven't come in yet, but I've been told that you will be able to buy them at the bookshop the day after tomorrow.

As for my office hours, they are from 1:00 to 2:00 pm on Wednesdays, and you can still set up an appointment to meet with me in the staff room at other times as well.

Again, as you see on your course outline, grading is determined by your performance on quizzes, one final test, a research project, your class attendance and your participation in classroom learning activities.

能力挑战

第一节

Good afternoon. I'm John Holland, housing director here at the school. I'm visiting all the dormitories this week to tell you about checkout procedures.

The dormitory will be closed during the summer months and will reopen in September. You must leave your room by 3 June. If this isn't a problem for you, you should remember to turn in your room key before you leave. Failure to return your key can result in a \$25 fine. You must also make sure that all of your personal belongings have been cleared out of your room. I'll be passing out a form for you to fill in about the condition of your room. You should report on the form any damage to your room which has appeared over the last year, such as holes in the walls, doors or windows. That way, we'll know where to make repairs before the next school year starts. If you have any questions during the next few days, please call my office. Now please take one of these forms as they're passed around.

第二节

Dear everyone, I'm honoured to tell you something about your stay here. During the following seven days, you'll enjoy four concerts at different schools. The first one will be at Sunshine Senior High School on the evening of Monday, 17 September. The second one will be at North Senior High School on the evening of Tuesday. We'll also invite you to attend our school's concerts on Wednesday and Thursday. After that, there'll be a party on Friday at our school. All of these programmes will be at 6:30 in the evening, so you'll just have two free evenings. And we have organised some group tours to show you around our city.

On Saturday morning, we'll take you on a boat tour on the biggest lake in the city. Later on, you can go and visit some scenic spots here. Every one of you will soon receive a timetable.

第三节

Imagine you have a test at school. How should you prepare for this terrible event? Do you use both rereading and underlining like many students? But are these truly the best methods?

Today, we will explore effective and ineffective ways to study for tests.

Rereading and highlighting are common ways you see in schools around the world. Students look at information they have already read in an effort to

remember what is important. They often combine rereading with highlighting. They underline important information in what they read with a marker. However, American cognitive scientists say that both rereading and highlighting are ineffective learning tools. While better than not studying at all, they believe these are not as useful as other habits.

So what should you do if rereading and highlighting are not the best ways to study for a test? One idea

is to test yourself. Simple flashcards and practice exams can help when you want to make sure that you have learnt something. Another strategy is what education experts have called “spaced practice”. This means to practise remembering the new information over time, instead of doing everything all at once.

No matter what method you choose, you should know that effective learning takes time and it takes effort.

单元训练三

Answer Key

基础达标

第一节 1—5 BCBBC
第二节 6—10 BCABA 11—15 CBAAC
16—20 AABCC

能力挑战

第一节 1. B 2. A 3. C 4. A 5. B
第二节 1. E 2. A 3. C 4. F 5. D 6. B
第三节 1. (a) timetable 2. environment
3. smartphones 4. breaks 5. treat / cup of green tea 6. chocolate / a chocolate bar

Listening Script

基础达标

第一节

Text 1

M: Mary, let's hurry up, or we'll be late for the first class.

W: No hurry, Tom. It's twenty past seven. The first class begins at twenty to eight.

Text 2

M: I'm wondering if you have a copy of *The Sun Also Rises*? I've checked the shelves but I couldn't find it.

W: Well, we do have a copy. If it's not on the shelves, someone must have borrowed it. Would you like me to reserve it? When it's returned, you can have it.

Text 3

M: I think I'd like to be a lawyer after graduation as the job sounds interesting. How about you?

W: I don't want to be a lawyer. I prefer to be a teacher though my parents expect me to be a doctor.

Text 4

W: I'd like everyone to hand in your homework tomorrow.

M: Are you going to grade it or is this for practice?

W: I'll grade it surely.

Text 5

W: Tony, thank you for bringing those old coins today. It really helped to bring our history class to life.

M: You're welcome, Miss.

W: Don't forget to take them home with you tonight.

第二节

Text 6

M: What's your first English class at senior high like?

W: It was fun. I did a lot of speaking, introducing myself and getting to know other classmates.

M: Did your teacher give you methods of learning English?

W: No, but he told us to learn more about the culture of English-speaking countries.

M: Anything else?

W: Well, he talked a lot about the rules in the classroom. For example, we must listen while others are speaking in class.

M: Did he tell you to attend classes on time?

W: Not actually. But that's the basic school rule that we all need to obey.

Text 7

M: Hi, Jane. I wonder if you are free tomorrow night?

W: Well, Billy, I think so. Why do you ask?
M: I just got two movie tickets for *Avengers: Infinity War* and I want to invite you to see the movie with me. Are you interested?
W: Of course. I've been expecting it. Thanks for inviting me. What time shall we meet?
M: Well, let's see. The movie starts at 8:00 pm. We'd better get there half an hour earlier because there'll be a long line. Let's meet at 7:30 pm at the entrance if that's OK with you.
W: 7:30? That's fine with me. See you tomorrow then.
M: Yeah. That's great.

Text 8

M: Hi, Susan! How's your new Chinese class today?
W: Hi, Steve! It was great fun.
M: Tell me more about the class.
W: OK. Our teacher Miss Han is very dynamic and interesting. She's from Beijing and there are about 12 students in the class.
M: Where are you doing the lessons? Are you in the main building or in the community center?
W: Neither. We're at the language club.
M: Are the students all American?
W: Most of them are. There's a Japanese girl, Mika and a British boy, Alex. He hopes to go to China next year.
M: I see. What did you do in today's class?
W: We just did some basic things, like counting the numbers from 1 to 10 and practicing how to ask a person's name.
M: Well. Can you show me how to count numbers in Chinese?
W: Oh, dear! I'm sorry I need more practice.

Text 9

W: Can I help you?
M: Yes. Today is the first day of the school year. I'm a new student. Where should I go?
W: Well, all the new students will first gather in the meeting room at 9:30 in the morning, where you'll be introduced to the staff.
M: Where is that then?
W: I'll tell you in a moment. But just let me tell you something more about the morning activities.
M: OK.
W: Firstly, at 9:45 am in the hall, which is just next to the meeting room, director of studies will talk to you about the different courses and the requirements. It should last about 45 minutes. Then, at about 10:30 am, the student accommodation officer will talk about students' dormitories and some social activities we offer. That's in the same place. It'll finish at about 11:00 am. Then, there will be a short break, after which you'll be taken to Classroom 3 at about 11:15 am for a test.
M: Oh, I didn't know I have to take an exam.
W: Take it easy. It just helps us to find your level of English and put you in the right class.
M: OK. I see.

Text 10

Sports and games are very useful for character training. In their lessons at school, boys and girls may learn about such good qualities as unselfishness, courage, discipline and love of one's country. But what is learnt in books cannot have the same deep effect on a child's character as what is learnt by experience. As most of the pupils' time is spent in classes studying lessons, an ordinary day school can't give much practical training for their lives in the future. So it is what the pupils do in their spare time that really prepares them to take their place in society as citizens when they grow up. If each of them learns to work for his team, and not for himself on the football field, he will later find it natural to work for the good of his country instead of only working on his own behalf.

能力挑战

第一节

For many English learners, speaking is one of the most difficult parts of the language to master. To improve your speaking skills, you need to be able to practise with other English learners or native speakers. One way to do this is by joining or starting an English club.

There are many reasons why English clubs can help learners of all ages and levels improve their English. The most important reason is that they offer learners a chance to practise English by actually speaking it. There are other advantages too. English clubs are less formal than a classroom setting. Many learners find them more fun than usual English classes. They also enable learners to practise English in more real-life situations. This can increase a learner's desire to practise and learn on their own.

第二节

Right, may I have your attention please? Good morning to you all. My name is David Hudson, director of studies. First, I'd like to welcome you all to our language school. We'll do all we can to help you enjoy your time with us, and to help you learn as much English as possible.

It's 8:00 am now. Fifteen minutes later, you're going to do a short test, which will start here in the main hall. The test will be used to assess your English level. Then there will be a coffee break at 10:30 am, and after that we'll tell you which class you're in and the name of your teacher. Your first class will start at 11:00 am.

Lunch will be at 1:30 pm in the cafeteria on the ground floor. Then this afternoon, for those of you who want to go on a tour of Cambridge, please be outside the main gate of the school at 2:45 pm. Your guide, Kevin, will be waiting for you. The tour will start 15 minutes later. If anybody has any questions, you can either ask me or speak to your

teacher. Now it's time for your test.

第三节

Good morning, everyone. Today I'm going to talk about how to study. It's been a month since you came to senior high school and as you may find, study at senior high is quite different from that at junior high. So, what's the best way to study?

Well, first of all, it's a good idea to have a plan or timetable. This could be for a week or a term.

Next, think about your environment. Make sure the place where you are going to study is comfortable

with enough light, air, etc. Not too hot, not too cold. Make sure there are no distracting noises around, such as television. You might be surprised at how much better you work away from a TV. Oh, and the other thing is the smartphone. Forget about all those things while you're studying.

Last, plan breaks. Half an hour of concentrated study is recommended, and then take a ten-minute break. But you can adjust this to suit yourself. In your short break, you can give yourself a treat, such as a cup of green tea. I wouldn't advise a chocolate bar – a sugar rush is not great for concentration.

Unit 2 Exploring English

单元训练一

Answer Key

基础达标

第一节 1—5 CBCCB

第二节 6—10 BAABB 11—15 ACBBC
16—20 CCCAB

能力挑战

第一节 1. A 2. B 3. C 4. B 5. C

第二节 1. A, E, F 2. B, C, D

第三节 1. Accept 2. no 3. eye 4. things 5. friendly

Listening Script

基础达标

第一节

Text 1

M: Hi, Linda. What have you been learning recently?

W: Chemistry and physics, but I like biology. What about you?

M: Maths is interesting. I like history best, though.

Text 2

M: What's the English homework Mr Brown gave us today?

W: To write a summary of the passage we learnt today, about 100 words.

Text 3

M: The English literature course is really difficult.

W: I don't think it's all that bad. After all, we benefit a lot from it.

M: So, you're taking it too?

W: That's true.

Text 4

M: Excuse me. I like this dictionary. Do you have a

new one?

W: Ur... *A Multifunction English-Chinese Dictionary*? Wait a minute. It's in the storehouse.

Text 5

W: Why do you look so tired, Mark?

M: Well, I was surfing the Internet. I had planned to get some information about the UK for my presentation, but I found an interesting chat room with people from that country and started chatting.

W: Did you get the information you needed?

M: Yes, but then we spent a lot of time talking about something else.

第二节

Text 6

W: Hello, Mike. How did you do in the English exam?

M: Pretty well.

W: What are your scores?

M: 24 in Listening and 26 in Reading.

W: That's impressive. I got 28 in Reading but I only got 20 in Listening.